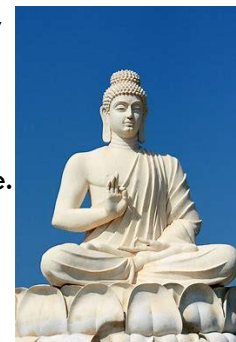




Vocabulary	Meaning
Dharmachakra	The wheel of Dharma
enlightenment	breaking the Buddhist cycle of rebirth and reaching Nirvana
Buddha	a person who has found enlightenment
Nirvana	perfect peace with no suffering
Wesak	an important Buddhist festival celebrating the Buddha's birthday
bodhi tree	a fig tree native to India and South East Asia, regarded as sacred by Buddhists
meditate	when Buddhists close their eyes and breathe deeply, trying to empty their minds of thoughts
eightfold path	the rules laid out by Buddha which will lead to Nirvana

Key knowledge – Buddha

There are **no gods** in **Buddhism**. It was created by a man called **Siddhartha Gautama**, who was born into a noble family. He lived a sheltered early life, but when he was older, he went into the world and saw that sickness, age and death come to everyone. After seeing this **Gautama meditated** and found the answer to life. This made him the **Buddha**. This was called **enlightenment** and the **Buddha** decided to teach others how to reach it. **Wesak** celebrates **Buddha's** birthday.



Assessment focus – Communicate
Express creatively as well as begin to describe their response to their own experience of the concept introduced

Do you think it is possible to achieve true enlightenment like Buddha did?

