



Vocabulary	Meaning
Golden Rules	meditation and prayer; earn an honest wage, share others in need and treat everyone equally
share	to divide food, money, good etc and give part of it to someone else
langar	the shared meal served at the Gurdwara, this is free to all
sewa	selfless service. It involves helping others without any reward or personal gain
service	the action of helping or doing work for someone
community	a group of people living in the same place or having a particular characteristic in common
Guru Nanak	founder of Sikhs and the first of the ten Sikh Gurus
Gurdwara	the Sikh place of worship

Assessment focus – Evaluate

In simple terms children recognise something of the value of the concept in their own lives and community

How can we show generosity in our own community?

Key knowledge – Guru Nanak and sewa

Guru Nanak showed **sewa**, or **selfless service**, in many ways. Once, he saw a village suffering from drought. He helped dig a well, providing water to the people. Another time, he visited a poor man's house and washed his feet, showing love and respect for everyone, no matter their status. He also taught that sharing is important. Once, he shared food with hungry travellers, even though he had little. His actions inspired others to help those in need.



Guru Nanak's sewa taught people to be kind and helpful to others. He showed that even small acts of kindness can make a big difference. His teachings inspire people to serve others and make the world a better place.



Our golden thread