



# MASON MOOR

## PRIMARY SCHOOL

Friday 23 February 2024

### **The holy month of Ramadan – March 10<sup>th</sup> – April 8<sup>th</sup>**

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To Parents and Carers,

I understand that you and your family are preparing to observe the holy month of Ramadan, which this year falls partly within the school term.

I also understand that some children in Year 5 and Year 6 may wish to join their friends and family in observing all or some of the fast for some or all of the school day or week.

Therefore, if your child is in Year 5 or Year 6, and you wish her or him to observe all or some of the fast then please complete the attached form and return to school by Friday 8 March 2024. The purpose of the form is to ensure that, for those pupils wishing to participate, parents and carers have considered eventualities such as: hotter weather, concentration dips and children feeling unwell.

Please bear in mind the following:

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- The school will support pupils in Years 5 and 6 who, with their parents and carers' consent, wish to observe the fast for all or part of the school day or week.
- Children will only be allowed to fast with their parents and carers' consent.
- If we have concerns about your child's health, we will need to be able to contact you during the school day to enable the child to access water or sustenance as necessary.

If your child wishes to fast at school and you agree with this, please complete and return the form below to your child's class teacher before Friday 8 March. Please note that, unless we receive your consent for your child to fast at school, we will assume that he or she is not taking part.

Yours sincerely,

DJ Constable-Phelps .

Mr D Constable-Phelps  
**Executive Headteacher**



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### Parental Request Form – Fasting during Ramadan

The school supports the aims of parents to enable children in Year 5 and 6 to observe the holy month of Ramadan. The participation in fasting during daylight hours is one taken in agreement between the school and home.

<b>Parent/Carer name:</b>	
<b>Child's name:</b>	
<b>Class:</b>	
<b>Date of request:</b>	

Parent/carer discussion:

#### Assessment of risk to the child

Risk to the child	RAG rating	Agreed strategies to overcome the risk:
<ul style="list-style-type: none"> <li>Child feels light-headed or unwell due to increasing temperature.</li> </ul>		Parents agree that if a child becomes unwell, the school will offer water and food as necessary.
<ul style="list-style-type: none"> <li>Child displays symptoms of being disorientated or lethargic.</li> </ul>		Parents agree that if a child is lethargic or disorientated, the school will intervene by supporting the child with water.
<ul style="list-style-type: none"> <li>Child feels faint.</li> </ul>		Offer sustenance immediately. If necessary – call an ambulance.
<ul style="list-style-type: none"> <li>Child is attending an off-site event – such as a trip/visit.</li> </ul>		Parents agree that because the child is not on site, and may exert energy – they must take water/food along.
<ul style="list-style-type: none"> <li>Child is unable to attain well at school (slippage in schoolwork and ability to concentrate)</li> </ul>		Parents agree to fasting during certain weekdays only – rather than the entire week.

In completing this risk assessment, parents accept that, if a fasting child exhibits health concerns, the school has an overriding safeguarding duty of taking action to enable the child have the best outcome, as governed by DfE's statutory guidance.

Parent/carer Signature: \_\_\_\_\_

SLT Signature: \_\_\_\_\_