



Week 1



Week 2



Week 3



Monday

- Pork sausages with mashed potato
- Veggie lattice with mashed potato V
- Quorn korma with rice V
- Baked beans or salad selection
- Mixed cold desserts, yoghurt or fresh fruit

Tuesday

- Bubble-crumb salmon with diced potatoes
- Cheese & tomato pizza with diced potatoes V
- Veggie ball sub V
- Sweetcorn, broccoli or salad selection
- Chocolate and mandarin sponge, yoghurt or fresh fruit

Wednesday

- Chicken, sweetcorn & bacon pie with mashed potato
- Roasted-veggie pasta & garlic bread V
- Wrap of the day
- Green beans, diced carrots or salad selection
- Mini shortbread biscuit with fruit wedges, yoghurt or fresh fruit

Thursday

- Roast beef with Yorkshire pudding & gravy
- Veggie sausages with Yorkshire pudding & gravy V
- Veggie pasta Bolognese V
- Roast potatoes, winter vegetables or salad selection
- Winter fruit muffin, yoghurt or fresh fruit

Friday

- Baked fish fingers with chipped potatoes
- Macaroni cheese & garlic bread V
- Jacket potato with a choice of filling
- Peas or salad selection
- Fruit flapjack, yoghurt or fresh fruit

- Saucy meatballs with mashed potato
- Quorn nuggets, mashed potato & gravy V
- Lemon sole bites with mashed potato
- Sweetcorn, peas or salad selection
- Cheese and crackers, yoghurt or fresh fruit

- Italian chicken with diced potatoes
- Cheese & tomato pizza with diced potatoes V
- Wrap of the day
- Broccoli, coleslaw or salad selection
- Winter apple slice, yoghurt or fresh fruit

- Veggie sausage roll with potato crisps V
- Quorn burger in a bap with potato crisps V
- Jacket potato with a choice of filling
- Green beans, carrots or salad selection
- Berry & coconut sponge, yoghurt or fresh fruit

- Roast chicken with stuffing & gravy
- Veggie-sausage turnover with stuffing & gravy V
- Pasta Napoli & garlic bread V
- Roast potatoes, winter vegetables or salad selection
- Lemon biscuit, yoghurt or fresh fruit

- Fish of the day with chipped potatoes
- Veggie goujons with chipped potatoes V
- Chicken biryani
- Baked beans, peas or salad selection
- Pear & chocolate brownie, yoghurt or fresh fruit

- Barbecue chicken with potato waffles
- Pasta Napoli & garlic bread V
- Veggie-sausage hot dog with potato waffles V
- Winter vegetables or salad selection
- Ice cream/smoothie, yoghurt or fresh fruit

- Chilli & rice - vegetarian V or meat options
- Cheese & tomato pizza with hearty diced potatoes V
- Wrap of the day
- Sweetcorn, peas or salad selection
- Fruit sponge, yoghurt or fresh fruit

- Chicken grill with mashed potato
- Sweet potato & lentil curry with rice V
- Salmon goujons in a wrap or bap
- Green beans, coleslaw or salad selection
- Mixed cold desserts, yoghurt or fresh fruit

- Roast pork with stuffing & gravy
- Quorn pattie with stuffing & gravy V
- Cheesy pasta & garlic bread V
- Roast potatoes, winter vegetables or salad selection
- Mini shortbread biscuit with fruit wedges, yoghurt or fresh fruit

- Breaded fish with chipped potatoes
- Cheese, red onion & tomato patty with chipped potatoes V
- Veggie balls in tomato sauce with rice V
- Baked beans, peas, or salad selection
- Fruit crumb bar, yoghurt or fresh fruit

Simply choose from...

- Option 1
- Option 2
- Option 3
- ✓ Vegetarian
- Side dish
- Dessert

Calendar

Use the calendar to see which menu is on which week.

December 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2020

S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2020

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18



Freshly baked bread and a salad selection is available every day; fresh drinking water is always available.

Putting love into every meal